



CCIS TOOLBOX TALKS

Trip and Fall (Case Study)

Topic: Trip and fall while walking backwards

According to OSHA Slips, Trips and Falls make up over 15% of all work place fatalities in the US, second only to motor vehicle fatalities. CCIS has had three Slip, Trip and Fall injuries in the past two years, one resulting in Lost time.

Case in point: I worked a construction job with a young man with a wife and two children. One day this young man was shaking out some grating to construct elevated pathways. He was trying to pull a specific piece out of the stack, by pulling backwards in a squatted position and he freed the piece. He was walking backwards to position the piece when his left heel caught the corner of a pallet and he fell backwards with his right arm behind him.

This employee ended up fracturing his wrist in four places requiring two surgeries, Titanium plate and 14 pins. With any luck he may be able to move his wrist up and down after intense therapy. This injury also impacted his family because he was not able to continue in his trade.

Every year people walking backwards leads to more Trip and Fall injuries than any other. Just a split-second unawareness can change your life forever. Identifying your walk path and situational awareness can help protect you from injury.



What else could the employee have done to prevent his injury?

(Team lift, use forklift, remove the top layers first rather than pulling from the center....)

Are there any trip hazards around your facility?

Document any safety observations and corrective actions on the "Safety Observation" sections of the sign in sheet, scan completed document and send to : jspivak@ccpipeline.com.

