

Team, We at Cross Country have been blessed to be able to maintain operations throughout the National Stay at Home Orders with no COVID-19 cases. Starting Friday, May 1<sup>st</sup>, many states will implement Phase One of their reopening plans.

**How long is Phase One?** Local and Regional requirements may differ, but the Whitehouse plan states the following must be achieved before States or Regions may proceed to the next phase.:

**SYMPTOMS**

Downward trajectory of influenza-like illnesses (ILI) reported within a 14-day period  
**AND**  
Downward trajectory of covid-like syndromic cases reported within a 14-day period

**CASES**

Downward trajectory of documented cases within a 14-day period  
**OR**  
Downward trajectory of positive tests as a percent of total tests within a 14-day period (flat or increasing volume of tests)

**HOSPITALS**

Treat all patients without crisis care  
**AND**  
Robust testing program in place for at-risk healthcare workers, including emerging antibody testing

Therefore, reopening phase development will differ between State and Regions as the Country moves toward full reopening. See the Whitehouse Reopening Plan for more information <https://www.whitehouse.gov/openingamerica/#criteria>.

With businesses starting to reopen we must continue to protect ourselves and our clients from infectious diseases by continuing to:

- **Practice Good Hygiene by:**
  - ✓ Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
  - ✓ Avoid touching your face.
  - ✓ Sneeze or cough into a tissue, or the inside of your elbow.
  - ✓ Disinfect frequently used items and surfaces as much as possible.
  - ✓ Strongly consider using face coverings while in public, and particularly when using mass transit.
- **Self-Monitor** - Be alert for symptoms. Watch for **fever, cough, or shortness of breath.**
  - ✓ Take your temperature if symptoms develop.
  - ✓ Practice social distancing.
  - ✓ Maintain 6 feet of distance from others and stay out of crowded places.  
Follow [CDC guidance](#) if symptoms develop.
- **People who feel sick should:**
  - ✓ STAY HOME
  - ✓ Notify their Manager
  - ✓ CALL AXIOM at (877) 502-9466
  - ✓ Contact and follow the advice of their medical provider

- **CDC Identifies Vulnerable Individuals on their website**

Based on what we know now, those at high-risk for severe illness from COVID-19 are:

- ✓ People 65 years and older
- ✓ People who live in a nursing home or long-term care facility
- ✓ People of all ages with underlying medical conditions, particularly if not well controlled
- ✓ More CDC information on vulnerable individuals : <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>.
- ✓ Employees may contact CCIS [Humanresources@crosscountryis.com](mailto:Humanresources@crosscountryis.com) should they need considerations.

- **CCIS Employees in the office should:**

- ✓ Comply with State and Regional Reopening Requirements
- ✓ Maintain Social Distancing Recommendations

- **CCIS Employees in contact with the public should:**

- ✓ Notify client before visiting
- ✓ Follow State, Local & Client Face Covering Requirements
- ✓ Follow CCIS Disposable Glove and Vehicle Sanitation Recommendations on the CCIS Safety Page <http://www.crosscountryis.com/intranet-safety>

- **CCIS Employees who must travel should:**

- ✓ Minimize Non-Essential Travel
- ✓ Don't travel if you feel sick or travel with someone who is sick
- ✓ If you *must* travel, consult the CDC Travel Website <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html> and consider the following risks you might face, depending on what type of travel you are planning:
  - **Air travel:** Because of how air circulates and is filtered on airplanes, most viruses and other germs do not spread easily on flights. However, there may be a risk of getting COVID-19 if you are seated within 6 feet of someone who has the virus.
  - **Bus or train travel:** Sitting or standing within 6 feet of others for a prolonged period of time can put you at risk of getting or spreading COVID-19.
  - **Car travel:** The stops you need to make along the way could put you and others in the car with you in close contact with others who could be infected.

Contact [Safety@crosscountryis.com](mailto:Safety@crosscountryis.com) if you need more information.