

## CCIS Employees experiencing COVID-19 symptoms should:

See CDC guidance if you are sick <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>

1. **Employees should notify their supervisor and self-quarantine if they are sick**
2. **Managers should actively encourage sick employees to self-quarantine and notify Safety**
3. **If Employees start experiencing symptoms at work, they should:**
  - Use their mask and Isolate themselves from others (at least 6 feet)
  - Notify their Manager, who will notify safety department
  - Leave the facility as soon as possible
  - The employee's workspace should be sanitized as soon as possible while wearing gloves
4. **Contact United Healthcare COVID-19 Services, or your medical provider, to Obtain a "Return To Work" Authorization by:**
  - Contact your Primary Care Physician or Go to MyUHC: [COVID19 Resources](#)
  - Call the number on the back of your health insurance card if you need assistance
  - Complete physician instructions
  - Send Return to Work Authorization to [Safety@crosscountryis.com](mailto:Safety@crosscountryis.com)



### Your Primary Care Provider

If you think that you or a family member has symptoms, contact a PCP first to find out next steps.

[FIND A PCP](#)



### Check Your Symptoms Online

This online symptom checker from Clearstep helps you assess your risk for COVID-19 and provides options for care and support.

[CHECK MY SYMPTOMS](#)



### Virtual Visits

If you'd rather stay home, you can talk to a doctor online from your mobile device or computer.

**In-Network Cost**

You pay: **\$0 Copay**

During this national emergency, your Virtual Visits out-of-pocket costs are waived through 9/30/2020.

[GO TO VIRTUAL VISITS](#)



### COVID-19 Testing Locations Near You

Use this online tool to find a COVID-19 testing location in your area.

[FIND A TESTING LOCATION](#)



### Get Reimbursed For COVID-19 Test

Complete and submit an online form to get reimbursed for a COVID-19 virus or antibody test.

[GET STARTED](#)



### RX Home Delivery

Update your available prescriptions to home delivery and avoid having to make a trip to your pharmacy.

[EXPLORE HOME DELIVERY](#)



### Frequently Asked Questions (FAQs)

Find answers about cost, coverage and support for members affected by COVID-19.

[LEARN MORE](#)